



LIKE US

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**24 HOUR
CRISIS
SUPPORT
HOTLINE:**

413-536-1628

- **Emergency Shelter**
- **Individual Counseling**
- **Support groups — English/Spanish/Russian**
- **Legal, medical, financial & housing advocacy**
- **In-court legal advocates @ Holyoke & Chicopee District Courts, Hampden County Family & Probate Court**
- **Comprehensive teen services**
- **Child advocacy & programming**
- **Community education**
- **Informational & referrals**
- **Economic literacy**

Bilingual/bicultural services available

ALL Womanshelter services are confidential & free of charge



Everyone has the right to live without fear of abuse—physical, verbal, mental, sexual or emotional

womanshelter compañeras

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Our mission is to assist, support & empower those whose lives are affected by battering & abuse. We strive to reduce & prevent domestic violence through public awareness efforts.

FUNDRAISER

Over the summer
Gary Rome
Hyundai held a
raffle to benefit
Womanshelter



Kayleigh, Caitlin & Noni from First American Insurance deliver a donation of toiletries



St. Anne's Church in Chicopee collected backpacks for the kids in shelter

THANKS



TJ Maxx employees collected items for our families in shelter



Donate!

Send your tax deductible gift to:
P.O. Box 1099, Holyoke, MA 01041
or click on the QR code above and go straight to our website

BOARD OF DIRECTORS: Brenda Bak, President; Rebecca Ramah, Treasurer; Mary A. Socha, Clerk
Marie Nathan, Virginia Wells, Lauren Casola, Damaris Aponte, Michelle Segura, Randa Hatoum, Jessica Biscoe, Marisol Vazquez, Jamal Lacy

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OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

**HOW YOU
CAN PARTICIPATE:**



MAKE A **DONATION** TO WOMANSHELTER IN HONOR OF THE PEOPLE IN YOUR LIFE WHO HAVE BEEN IMPACTED BY DOMESTIC VIOLENCE

LIKE US ON FACEBOOK & CHECK OUT OUR WEBSITE

SPEAK OUT—TALK TO A FRIEND, FAMILY MEMBER, COLLEAGUE, OR NEIGHBOR ABOUT DOMESTIC VIOLENCE. BY DOING SO YOU ARE HELPING TO ERASE THE STIGMA AND IT SHOWS SURVIVORS THAT THEY WILL BE SUPPORTED

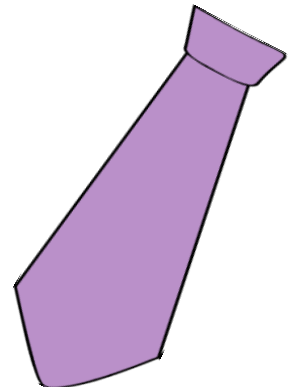
JOIN OUR “***PURPLE TIE CAMPAIGN***”

(wear a “purple” tie throughout the week)

OCTOBER 9 — OCTOBER 13

&

**WEAR PURPLE
THROUGHOUT THE MONTH OF OCTOBER**



WAYS TO STOP DOMESTIC VIOLENCE

NOTE: Each situation is different and there is no concrete list of signs that means it is D/V...however, here are some things that can be done to bring awareness and prevent domestic violence

KNOW THE SIGNS - example: physical/emotional abuse, etc

REFER A D/V VICTIM TO WOMANSHELTER & HAVE OUR CRISIS & SUPPORT

HOTLINE # ON SPEED DIAL - 413-536-1628

GET YOUR COMMUNITY EDUCATED & ORGANIZED - community education, attending community events

BOOST YOUR COMMUNITY SUPPORT NETWORK WITH TECHNOLOGY—If you have a smart phone & the victim does too, consider downloading a safety app which will automatically alert a support network if someone is in danger

RING THE BELL of someone's home if you hear a disturbance

BE THE BACKUP FOR SOMEONE EXPERIENCING D/V

OFFER TO HELP OUT/CHECK IN WITH VICTIM REGULARLY

HELP VICTIM DOCUMENT ANY INCIDENCES AS THEY OCCUR



D/V PRESENTATIONS



AVAILABLE

If you would like a presentation regarding domestic violence, teen dating violence, and other intimate relationship violence topics, contact Carmen at our main office at 413-538-9717.

