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24 HOUR CRISIS SUPPORT HOTLINE:

413-536-1628

- Emergency Shelter
 - Individual Counseling
 - Support groups — English/Spanish/Russian
 - Legal, medical, financial & housing advocacy
 - In-court legal advocates @ Holyoke & Chicopee District Courts, Hampden County Family & Probate Court
 - Comprehensive teen services
 - Child advocacy & programming
 - Community education
 - Informational & referrals
 - Economic literacy
- Bilingual/bicultural services available

ALL Womanshelter services are confidential & free of charge



Everyone has the right to live without fear of abuse—physical, verbal, mental, sexual or emotional

womanshelter compañeras

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Our mission is to assist, support & empower those whose lives are affected by battering & abuse. We strive to reduce & prevent domestic violence through public awareness efforts.

Silent Witness Project Exhibit



Remember My Story.
Remember My Name.

Initially, the Silent Witness Initiative began raising awareness of domestic violence in the U.S. and since then, it has grown into an international awareness project.

Adapted from the original Silent Witness Exhibit in 1990, Womanshelter created a display in memory of the 24 victims of domestic violence homicide in the state of Massachusetts between October 2016 to October 2017.

The display includes true narratives of a few of the 24 victims who lost their lives this past year to domestic violence within the state. Come check it out at our 208 Race Street location in the lobby on the first level.

Lauren
Dougherty
W/C Youth
Advocate



Donate!

Send your tax deductible gift to:
P.O. Box 1099, Holyoke, MA 01041
or click on the QR code above and
go straight to our website

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IN HONOR OF DOMESTIC VIOLENCE AWARENESS MONTH W/C HIGHLIGHTS VICTIMS WHO HAVE LOST THEIR LIVES



Eugenia Gomes Monteiro, 30, Brockton - found unresponsive by her brother after allegedly being shot by her former boyfriend. She died at the scene & the former boyfriend was found dead from an apparent suicide the next day. The current boyfriend claims that the former boyfriend was unhappy with her new relationship. Eugenia had texted a friend that she was afraid of the former boyfriend and that she felt he would kill her and the new boyfriend if he learned of the relationship. Eugenia was the mother of two young children, and described by many as a wonderful person.



Mary "Molly" Fratantonio, 35, Cotuit - stabbed to death by her husband. Police responded to multiple calls that reported a violent incident and discovered that the husband was at the scene. He admitted to police that he thought he killed her. The couple's two small children were home at the time of the incident. The husband plead not guilty to murder and assault and battery with a dangerous weapon. He was held without bail.



Amanda Glover, 48, Wendell - shot and killed shortly after midnight by her boyfriend. Allegedly the boyfriend's son witnessed the murder and escaped into the woods. He proceeded to flee, and shot a co-worker at a trucking company approx. 30 minutes away. The victim survived with serious injuries. The boyfriend is currently charged with murder, assault to murder, and assault and battery with a dangerous weapon. He still awaits his court date.

David Carlson, 54, Worcester - found dead after a fire in his apartment. An autopsy revealed that he had died of blunt force trauma prior to the fire being set. That same night, **B. Flores, 28**, was arrested by local police for shoplifting. He reportedly had a relationship with David, and the police had responded to domestic violence incidents at their home on previous occasions. He was initially arrested and released on personal recognizance for his shoplifting offence, but was arrested the follow Friday for aggravated assault and battery with a dangerous weapon, as well as a charge of assault and battery on his brother. The assault against his brother happened the same night as the murder in David's apartment.

24 Victims of D/V Homicides in MA

Eugenia Gomes Monteiro, 30, Brockton
Mary Fratantonio, 35, Cotuit
Brenda Hatheway, 43, Webster
Kristina Reis, 36, Fall River
Scott Benoit, 52, Brockton
Amanda Glover, 48, Wendell
Corrinna Santiago, 42, Leominster
Sonia Rios, 42, Leominster
David Carlson, 53, Worcester
Juan roman, 45, New Bedford
Vanessa MacCormack, 30, Revere

Maria Morton, 32, Lawrence
Aracelys Valdez Deleon, 40, Lawrence
Nicole White, 44, Lowell
Jane Doe, Chelsea
Jane Doe, Brockton
Jane Doe, Hingham
Joseph Shaw, 44, Brockton
Celeste Kordana, 39, Pittsfield
Michele Clarke, 33, Weymouth
Anthony Scaccia, 6, Foxboro

Leah Penny, 31, Malden
Jane Doe, Pittsfield
Jane Doe, East Brookfield

All names & narratives were obtained from the JaneDoe.org website

MAKE A **DONATION** TO WOMANSHELTER IN HONOR OF THE PEOPLE IN YOUR LIFE WHO HAVE BEEN IMPACTED BY DOMESTIC VIOLENCE

LIKE US ON FACEBOOK & CHECK OUT OUR WEBSITE: www.womanshelter.org

SPEAK OUT—TALK TO A FRIEND, FAMILY MEMBER, COLLEAGUE, OR NEIGHBOR ABOUT DOMESTIC VIOLENCE. BY DOING SO YOU ARE HELPING TO ERASE THE STIGMA AND IT SHOWS SURVIVORS THAT THEY WILL BE SUPPORTED

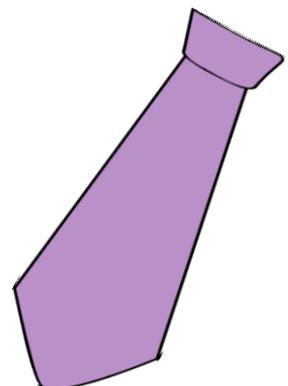
JOIN OUR “**PURPLE TIE CAMPAIGN**”

(wear a “purple” tie throughout the week)

OCTOBER 9 — OCTOBER 13

&

**WEAR PURPLE
THROUGHOUT THE MONTH OF OCTOBER**





The 18th annual **Health Cares About Domestic Violence (HCADV) Day** takes place next **Wednesday, October 11th**. HCADV Day aims to reach healthcare and domestic violence advocacy partners with information about the critical importance of universal education to promote healthy relationships, address the health impact of abuse and offer warm referrals to domestic violence programs.

October is **Domestic Violence Month**, a nationwide effort to help recognize, prevent, and respond to a serious health crisis affecting a tremendous number of women and men across the country. D/V refers to physical, emotional, or verbal abuse between intimate partners. Though this abuse can take many forms and degrees of severity, abusers often use shame, threats, or physical harm to control their partners.

The prevalence of domestic violence in the United States is staggering: Nearly 1 in 4 women report experiencing violence from a current or former spouse or boyfriend at some point in her life, and 1 in 7 men have experienced severe physical violence by an intimate partner. Sometimes it is difficult to recognize the effect an abusive relationship can have on your health, but the impact is substantial. The stress of abuse can take a physical toll. Some of the most common effects include over-eating, depression and anxiety, frequent headaches, and hypertension. It can also increase a woman's risk for chronic health conditions such as heart disease, stroke, asthma and depression. Additionally, abuse can limit a woman's ability to effectively manage chronic illnesses such as diabetes.

Womanshelter/Compañeras works closely with Holyoke Health Center and other area health care providers to expand their capacity to support survivors and victims of domestic violence across the Pioneer Valley. As a result, service providers are better equipped to talk to patients about domestic violence and connect them with resources for support. The types of support offered by W/C include emergency shelter, individual counseling, support groups, legal/medical/financial & housing advocacy, in court legal advocacy, teen services, child advocacy, community education, information & referrals, economic literacy, and a 24 hour crisis support line (413-536-1628).

If you are worried that your health is being affected by your relationship, you are not alone. Here are some proven steps you can take to help you cope and improve your health:

- > Talk to your health care provider about things you may be doing to help you cope, such as drinking too much alcohol, using drugs, or over-eating, and discuss healthier coping strategies and how to find support for next steps. It's important to talk with someone supportive who you trust about what's going on.
- > If it is safe, write about the pain you experience.
- > Reduce your stress through deep breathing and exercise.
- > If you or someone you know is experiencing domestic violence, call the W/C hotline

Taken from <https://www.futureswithoutviolence.org/>